



NEWS & ANNOUNCEMENTS FROM HEART

August 2018

HEARTland Positive Dog Training Alliance

Membership Stats

ALL CONTACTS	146	
ALL MEMBERS	71	
	Professional Members	37
	Supporting Members	13
	Inactive Members	21

New Member

Heather Cole joined us in July as a Supporting Member. Heather is an experienced Karen Pryor certified trainer who is relocating to the Lee's Summit area. Her business has just opened and you can visit her on the web at www.popstardogs.com and on Facebook at: www.facebook.com/popstardogs.com. If you get a chance, please extend to her many warm woofs and welcomes.

Just a Few Comments from our Founders

With over seventy members and well over a hundred "contacts" in our organization, it goes without saying that **HEART** is comprised of a lot of very talented, experienced knowledgeable and highly creative folks. It is our hope that we can share some of that "good stuff". This newsletter is one way to do just that. So, if you have something to share or a suggestion to offer or an idea to explore, or maybe just a way to do things differently or better – please let us know. I promise we will listen with elephant ears!! Just send us an e-mail or give us a call. We are not hard to find. Warm woofs to all...

Upcoming Local & National Events

Local Event		Tails on the Trails Pet Festival - Lenexa KS
	About	For a day of fun with your dog, come to Lenexa's Tails on the Trails Pet Festival. You can browse pet vendors' booths, participate in the pet talent show, let your pooch plunge into the dog swims and watch demonstrations, all within beautiful Ad Astra Pool and Park. Bring your furry friend to show off, have a good time and enjoy the day.

		HEART's goal is share positive training techniques with the public and make them aware of all the positive training options in the area. We will be raffling off a few copies of "Love Has No Age Limits" by Patricia McConnell to the public.
	Date & Time	August 11, 9:00 AM - 1:00 PM
	Location	Ad Astra Pool and Park, 83rd Street and Maurer Road
	Event Information	Tails on the Trails Information
	Volunteers Needed	HEART will have a booth at this event. If you are interested in staffing the booth, please e-mail us at Info@Trainers WithHeart.Com If you are attending the event, please email PennyMinniear@gmail.com .
	Promotion Opportunity	We are hoping to promote HEART Professional members at the event booth. We would love to have lots of HEART member business cards to share with the public. Please mail business cards to: Penny Minniear 34370 Rockville Rd Louisburg, KS 66053
Local Event		Canine Solutions Back-to-School Extravaganza
	Benefit for The Pet Connection	Join us at the DogSchool for our Back to School extravaganza and annual dog friendly vendor fair benefiting The Pet Connection. A variety of Vendors and Pet Professionals will be on hand with unique pet oriented goods and services. Discounts on DaySchool, Daycare+, and training packages will offered! Concessions will be provided by and benefit the Pet Connection. Stop by the photography booth for a FREE souvenir photo of your dog! Events include door prizes and raffle give-aways, and contests, Contests Include: 10 am - Best Trick 11 am - Best Costume 12:30 pm - Best Amateur Photo/Art (Photo's or art must be created or taken by the owner and submitted by 11 am. Confirmed Vendors Include: The Pet Connection Pawsitive Tails Dog Rescue Just Fur Babies - Pet Sitting Cheek Bows - Fashion Boutique HempWorx - Health and Wellness Melissa's Menagerie - Boarding
Local Event		Wagmore Canine Enrichment's Open House

	<p>Open House</p>	<p>Wagmore Canine Enrichment's OPEN HOUSE For Dog Training! (Humans Only Please!)</p>  <p>Where? 2525 Iowa St. Suite C-1 Lawrence, KS 66046 (Behind HuiHot on the south side!)</p> <p>When? Sunday, August 26th, 2018 From 1pm – 3pm</p> <p>Details? Come to this FREE Open House event and meet the trainers of Wagmore! Demonstrations of Agility, Tricks, Canine Nosework.....and more!!!</p> <p>Food to be provided by Topper's Pizza. (Free PIZZA?!)</p> <p>Chances to win Raffle Prizes!</p> <p>Did we mention this was a FREE event?!</p> <p>Like us on FaceBook for more information!</p> <p>www.wagmoreinc.com 785-550-1427</p> 
Local Event		
	<p>About</p>	<p>HEART's Annual Potluck - Starts at 4:00 pm</p> <p>Spouses, kids and friendly dogs are welcome. Please bring a side dish to share, a beverage for yourself (alcohol is fine), and HEART will provide burgers and brats. Seating may be limited, so bring along a chair for yourself.</p> <div style="text-align: center;">  </div>
	<p>Date</p>	<p>September 23, 4:00 PM</p>
Local Event		
	<p>Date</p>	<p>Grisha Stewart - Empowered Socialization: BAT October 13-14</p>
	<p>Location</p>	<p>MuttSchool, 4912Skyway Drive, Manhattan, KS</p>
	<p>Event Registration</p>	<p>Information & Registration Here</p>
National Event		
	<p>Date</p>	<p>APDT Conference & Trade Show October 17-20</p>
	<p>Location</p>	<p>Memphis, TN</p>
	<p>Event Information</p>	<p>https://apdt.com/apdt-conference-2018/</p>
Local Event		
		<p>Great KC Pet Expo</p>

	Date	November 3-4
	Location	Overland Park Convention Center, 6000 College Blvd., OP, KS
	Event Information	http://www.greatkcpetexpo.com/

Dogs In A Humorous Mood



[RED AND ROVER FACEBOOK LINK:](#)

Seasonal Dog Concerns

Yikes, the “dog days of summer” are very much upon us here in Kansas City. It seems particularly brutal this year. So perhaps it is a good idea to remind ourselves and, most importantly, our clients about the dangers of dehydration in dogs.

Summertime heat promotes dehydration, particularly when a dog isn't interested in or doesn't have access to lots of water. Think about the tennis ball obsessed dog who doesn't like to interrupt a good game of fetch to gulp down some water. Whereas this may not be a problem in cooler temperatures, water loss associated with heavy summertime panting can quickly result in dehydration.

Most of know the common signs that signal potentially harmful dehydration:

Lethargy

Weakness

Labored breathing

Elevated heart rate

Dry and sticky feeling gums (normal gums are slick and smooth to the touch).

Here are some pointers to keep our favorite Fidos well hydrated this summer:

Exercise your dog early in the morning or evening hours to avoid the most intense heat of the day.

Be sure to take along water and a water bowl (one that is familiar to your dog) wherever you go. Don't rely on natural water sources being available.

Allow for plenty of rest and water breaks during play activity and exercise. Your dog may not know his limits and will continue to enthusiastically chase the Frisbee long after it's time to slow down.

Provide water access frequently. When out in the heat, be sure to provide a water stop (for you and your dog) at least once every 15 to 20 minutes.

If your dog is preoccupied with something else (other dogs, a tennis ball, etc.) or too excited to drink, best to cut your outing short for the sake of preventing dehydration.

Most obviously, NEVER, EVER leave your dog in the car unattended – particularly on a hot or even a “warm” day. Catastrophic results can occur, literally, within minutes.

How much water? This will obviously vary by breed, size, age, and outside conditions. But, as a general rule of thumb, it is said that the “average” dog needs to drink between 8 to 17 ounces of water per day for each 10 pounds of the dog's body weight.

As much as we love to bring our dogs with us everywhere, be reminded that, when temperatures are soaring, your dog's well-being may be best served by being left at home.

Some (dog)Food for Thought

Whole Dog Daily

Tip

[Click here](#) to subscribe & save 72%

Separation Anxiety and Nutrition: Is There a Connection?



Excerpted from Nicole Wilde's book *Don't Leave Me! Step-by-Step Help for Your Dog's Separation Anxiety*

You're probably wondering what on earth your dog's diet has to do with his stress levels when left alone. The answer is, plenty. Have you ever drank one cup of coffee too many and gotten that jittery, wired feeling? You might have snapped at your co-workers, been more impatient than usual when waiting in line, or reacted with vitriol when someone cut you off in traffic. Likewise, have you noticed the way kids act when they've eaten too much sugar? They can become cranky and hyperactive. What we ingest has a direct effect on our nervous system. A long-term diet of sweets and processed foods will surely impact our health, but it may also cause us to feel less emotionally balanced, and even depressed, anxious, or angry. By the same token, eating a healthful diet contributes to a state of well being both physically and emotionally. It's no different for dogs.

Dog food that is built on inferior protein sources and laden with unhealthy chemicals, preservatives, and excess sugars can contribute to issues such as hyperactivity, restlessness and nervousness. A healthful diet will go a long way toward allowing your dog to feel physically calmer, which will set the stage for a tranquil emotional state. Making wise nutritional choices will also result in better overall health for your dog, which will be especially beneficial as he ages.

For additional information on how food and other external factors can affect your dog's behavior, [purchase *Don't Leave Me!* by Nicole Wilde from *Whole Dog Journal*.](#)

[Buy Now](#)

BLOG, BLOG, Blog...

YES! We are still adding blogs at least every month to the **HEART** website. Sometimes we use blogs from a nationally recognized trainers and other times we will have contributions from our own members. If you have a particular rant, we would love to see YOUR BLOG on the web! Check out the latest blog on the **HEART** website at TrainersWithHeart.com/BLOG.

Got ideas for a blog post or have something you want posted on our BLOG, send them to us at Info@TrainersWithHeart.com.

Have Ideas About Future Content? Tell Us!

If you have ideas about content for future newsletters, **please let us know!** We welcome all ideas and inspirations. More input will make this better. Please submit blogs you find particularly useful or interesting, upcoming events that are related and anything else you want to share with our community.

It's easy to let us know. Just drop us an e-mail to INFO@TrainersWithHeart.com. If you just have an idea, there's no need to type out a long e-mail, just let us know you want to talk about and we will call YOU!

Once Again - Please Update Your **HEART** Information

It is really important that e-mail addresses and phone numbers are current. Otherwise we may not be able to contact you. The system is now telling us that there are several members whose e-mails are no longer valid and so they are no longer receiving any communication. It is a good idea to check skim through your profile occasionally to see if there is missing or errant information.

It is easy to do. Just find your way to the **HEART** web page and then click on the "HEART MEMBERS" tab. Then select your name and you can edit your profile. Don't hesitate to call us if you have any issues that you are not able to resolve. We are pretty good problem solvers!

PHONE: 816-699-2260

PHONE: 816-799-6760

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